

Running 1500 miles to raise \$1 Million to help save 22 veterans' lives per day. Please help us support healing for our veterans!



For the third year, a group known as the Shepherd's Men, will run to raise awareness for the most common injuries affecting returning troops since 2001, Traumatic Brain Injury (TBI) and Post Traumatic Stress Disorder (PTSD). They are also raising funds to support the SHARE Military Initiative at Shepherd Center, Atlanta, GA, the only private program of its kind in the country dedicated to treating our veterans with these injuries and helping them return to good health and life with their families.

One in five service men and women returning from Iraq and Afghanistan need treatment for these devastating conditions. Though undetectable visually, TBI and PTSD devastate service members and the families who suffer with them, often leading to broken homes and suicide.



2016 Shepherd's Men Run Boston to Atlanta March 26-April 3

Running to help stop 22 veteran suicides per day

shepherdsmen.com

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#SHAREtheburden22

@shepherdsmen

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[instagram.com/shepherdsmen](https://www.instagram.com/shepherdsmen)

Why Do We Run?

The Shepherd Center receives little compensation from sources other than donor funds and most of the clients have no private insurance to cover the cost of treatment. The SHARE Military Initiative has an annual fundraising need of 1.15 million dollars so that clients are never required to pay for their treatment. Raising an additional \$1 million for 2016 will enable the Shepherd Center to double the number of clients that can be treated each year. **To date, no graduate of the SHARE Military Initiative has chosen to take his or her life.**

Shepherd Center's SHARE Military Initiative is a comprehensive continuum of rehabilitative care for U.S. Service members injured in post 9/11 conflicts who suffer from Traumatic Brain Injury (TBI) complicated with Post Traumatic Stress (PTS). SHARE provides the resources and tools to eliminate or reduce the symptoms of these injuries and successfully return our veterans to their homes, families, and communities. SHARE offers a broad continuum of care, specifically tailored to meet the needs of each veteran, including housing, physical, occupational, vocational and speech therapies, life coaching, therapeutic recreation and legal, financial and psychological counseling. The Initiative also provides medical care, pain management and other specialized services.

The SHARE program typically serves eight to 10 clients through a 12 week program. All activities are housed in one centralized location and conducted by the same medical and rehabilitation team, so that all aspects of a client's care work collaboratively, as opposed to the fragmented systems our clients have often experienced. Finally, graduates are assigned a case manager who works with them in their home communities and follows their progress post-discharge to ensure they are meeting their goals and have the resources they need to continue their work to recovery.



Statistics show that every day 22 American military veterans commit suicide.

Please help the Shepherd's Men share the burden for our heroes. You may donate online at www.shepherdsmen.com or by check made payable to Shepherd Center Foundation and designated to Shepherd's Men/SHARE Military Initiative. You may download the form found on our website and return with your check, or fill out the credit card information to donate by credit card. Please mail donations to:

Shepherd Center Foundation, 2020 Peachtree Road NW, Atlanta, GA 30309

For questions, please call the Shepherd Center Foundation at 404-350-7359 or Shepherd's Men at 404-427-7503 or 770-335-5693. www.shepherdsmen.com

The event by the numbers:

-  13 runners, 9 days
-  22 kilometers per day in
-  22 lb. flak vests to raise
-  \$1 million to help prevent
-  22 veteran suicides per day

2016 Shepherd's Men Run

- 3/26 Boston to Newport
- 3/27 To NYC
- 3/28 NYC to Gettysburg
- 3/29 Gettysburg to Lynchburg
- 3/30 Lynchburg to Knoxville
- 3/31 Knoxville to Nashville
- 4/1 Nashville to Chattanooga
- 4/2 Chattanooga to Athens
- 4/3 Athens to Atlanta

#SHAREtheburden22



Donations in any amount are appreciated, however, you might like to know that the cost for providing the 12-week program of care for each client is approximately \$40,000. 100 percent of your gift goes toward offsetting these costs and healing our veterans. The Shepherd's Men each pay their own expenses while on the run so that every donated dollar goes to the program. Thank you very much for your support!!